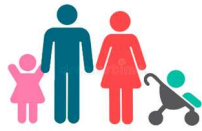


# GWYNEDD FAMILIES FIRST

Families sometimes need extra help in order to thrive, be happy, healthy and succeed



We can help you identify what's going well for you as a family and what things you need the most help with.

## HOW DOES IT WORK?

You can ask someone to refer you or you can refer yourself for help

Someone will contact you to discuss what's worrying you and what's important to you

We will discuss possible ways to help you.

This help could come from a service within the Gwynedd Families First scheme

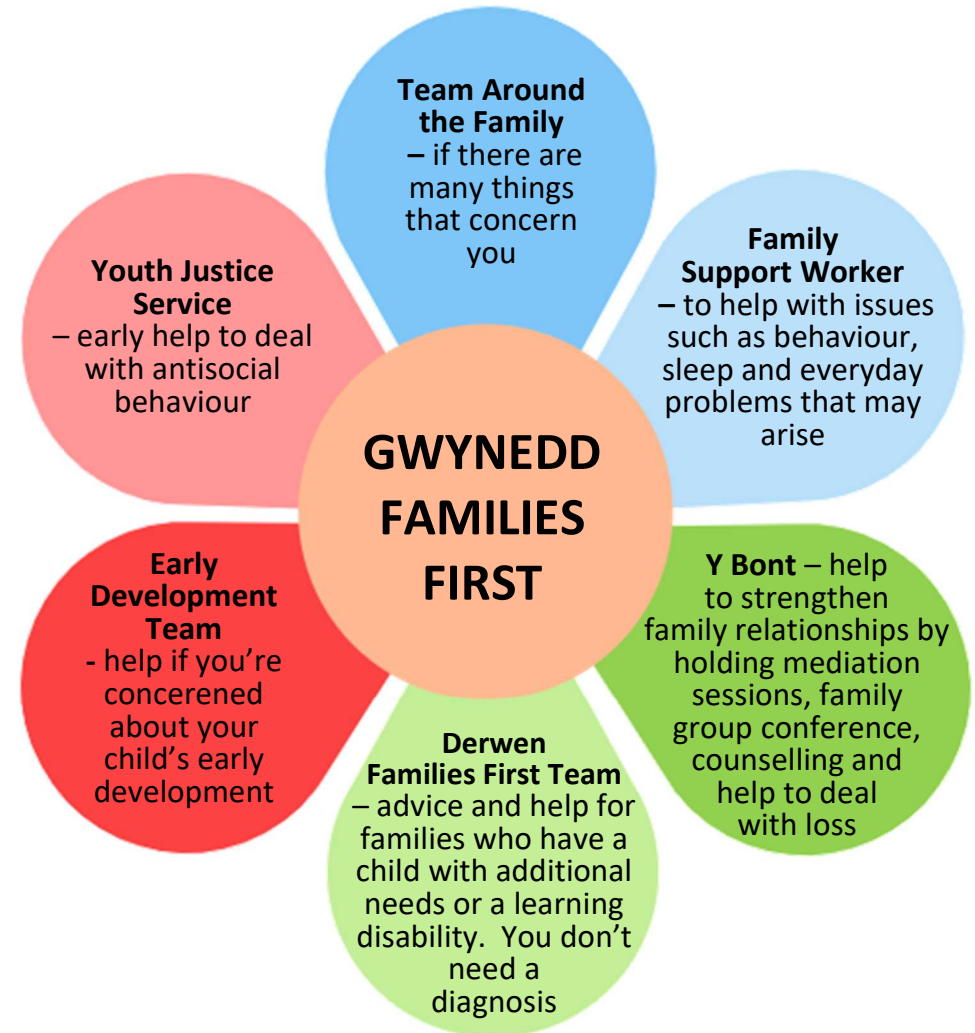
With your permission, we will direct you to the right support, and you may be offered help by a Team Around the Family Coordinator (TAF)

The Coordinator can bring everyone who supports you together and hold a **family meeting**

They can put together a **family plan** with you and everyone who helps

They will help you and everyone else to follow this plan and help you as a family to make changes and progress

**YOUR** voice is important to us throughout the journey



You can contact us for a chat by phoning Gwynedd Children and Families Intake and Assessment Team 01758 704455 or email us - [teuluoeddyngyntaf@gwynedd.llyw.cymru](mailto:teuluoeddyngyntaf@gwynedd.llyw.cymru)

